



2024 SIAC ALL CONFERENCE GIRLS TRACK TEAM

First Team

100 Meter Dash

Amaya Royal (12) Castle

100 Meter Hurdles

Alishia Darrett (10) North

200 Meter Dash

De'Janay Layne (10) North

1600 Meter Run

Isabel Land (9) Castle

4 x 100 Meter Relay

Vanessa Nankwenya (12)

De'Janay Layne (10) North

Iana Tecson (10) North

Ja'Shonti Boyd (9) North

400 Meter Dash

Brooklyn Lutz (9) Castle

300 Meter Hurdles

Alishia Darrett (10) North

800 Meter Run

Anna Seibert (10) Castle

3200 Meter Run

Cordelia Hoover (12) Reitz

Second Team

100 Meter Dash

Jahzara McAlister (12) Central

100 Meter Hurdles

Vanessa Nankwenya (12) North

200 Meter Dash

Iana Tecson (10) North

1600 Meter Run

Allison Golba (10) Memorial

4 x 100 Meter Relay

Katy Beer (11) Castle

Bella Cunningham (9) Castle

Sophia Quach (12) Castle

Amaya Royal (12) Castle

400 Meter Dash

Jahzara McAlister (12) Central

300 Meter Hurdles

Madelyn Knies (10) Jasper

800 Meter Run

Mia Porter (10) North

3200 Meter Run

Monica Lorey (11) Jasper



2024 SIAC ALL CONFERENCE GIRLS TRACK TEAM

First Team

4 x 400 Meter Relay

Alishia Darrett (10) North
Ja'Shonti Boyd (9) North
Iana Tecson (10) North
De'Janay Layne (10) North

Long Jump

Katy Beer (11) Castle

High Jump

Leah Heldman (9) Mater Dei

Discus

Gretchen Hurt (12) Castle

Shot Put

Gretchen Hurt (12) Castle

Pole Vault

Elsie Krodel (11) Castle

4 x 800 Meter Relay

Isabel Land (9) Castle
Brooklyn Lutz (9) Castle
Anna Seibert (10) Castle
Heidi Giannini (10) Castle

Second Team

4 x 400 Meter Relay

Kate Werner (9) Jasper
Allie Werner (12) Jasper
Ella Clark (10) Jasper
Madelyn Knies (10) Jasper

Long Jump

Azaria Small (9) Central

High Jump

Greer Hardin (11) Vincennes Lincoln

Discus

Emma Schipp (12) Jasper

Shot Put

Emma Schipp (12) Jasper

Pole Vault

Molly Kramer (10) Jasper

4 x 800 Meter Relay

Alexis Byrd (12) Jasper
Jocelyne Calderon (12) Jasper
Molly Isaacs (9) Jasper
Cara Jones (11) Jasper

Athletes of the Year – Amaya Royal (Castle) Gretchen Hurt (Castle)

Coach of the Year – Jake Bennett (Castle)

SOUTHERN INDIANA ATHLETIC CONFERENCE