FOR IMMEDIATE RELEASE –

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National Expert Shares Keys to Raising Resilient Youth

Resilient Evansville hosts events featuring Dr. Kenneth Ginsburg

Presentations on Tuesday, March 3

Building Resiliency: A Game-Changer for our Future Workforce

- Rotary Club of Evansville, 11:45 AM 1:00 PM, Tropicana Conference Center, Reservation Required **Understanding Teens and Developing their Strengths**
 - Free Public Talk for Parents & Community, 6:00 7:30 PM, Ivy Tech's Auditorium, Open to Anyone

Philadelphia pediatrician Dr. Kenneth Ginsburg returns to Evansville on March 3 to share his resiliency expertise and help grow the game-changing **Resilient Evansville** movement. Dr. Ginsburg has dedicated his life to helping young people thrive by developing their strengths. He is also a champion of Evansville's collaborative push to increase resiliency in children and teens. This is his third visit in as many years to train professionals, educate parents, and inspire the community.

Dr. Ginsburg will deliver two public presentations on Tuesday, March 3 (see details above). At the lunch time Rotary Club meeting, he will talk to business and community leaders about resiliency's role in workforce development. At the evening program at Ivy Tech, parents and other adults will learn how to foster strengths in young people.

Dr. Ginsburg specializes in Adolescent Medicine at The Children's Hospital of Philadelphia, and he is also a Professor of Pediatrics at the University Of Pennsylvania School Of Medicine. His clinical practice, teaching, research, and advocacy efforts focus on building the strengths of young people by fostering their internal resilience. His goal is to translate the best of what is known from research and practice about Adverse Childhood Experiences (ACEs) into practical approaches for parents, professionals and communities.

Resilient Evansville is a collaborative movement to increase the capacity of caring adults to help children and teens thrive. Members include the Evansville Vanderburgh School Corporation, University of Southern Indiana, Youth First, Inc., Lampion Center, Mental Health America, Southwestern Behavioral Healthcare, Evansville Psychiatric Children's Center, FACES, Deaconess Cross Pointe, St. Vincent-Evansville, Diehl Consulting, Department of Child Services, United Way of Southwestern Indiana, and Vanderburgh County Health Department. To learn more, visit Resilient Evansville's <u>website</u> or follow Resilient Evansville on <u>Facebook</u>.

MEDIA NOTE: Dr. Ginsburg will be available for interviews on March 3 at 1:00 PM at the Tropicana Conference Center following his Rotary talk and prior to the Ivy Tech presentation at 5:45 PM.

For more information, contact:

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